

Nursing Care Plan Exercise

Now that you have performed your history and physical, documented the findings, researched one of the client's chief complaints, and reviewed the pathophysiology of that condition, it is time to develop the plan of care. In this exercise, you will put it all together in a care map that illustrates the condition and care needed to move the client towards wellness.

Nursing Care Plan: using information collected, create a care map to illustrate the client's condition and the care required to move the client towards wellness. Your Nursing Diagnosis, Medical/Surgical and Pathophysiology textbooks are good resources to consult. You may find some well designed client teaching information on reliable healthcare websites like the National Institute of Health. [Link to NIH](#).

Review the example I created. [Link to example](#). You do not have to use the same format, so feel free to experiment with what works for you. Here are the links to free software programs that have map templates. There is no expectation that you purchase the software, so download the free trial. If credit card information is requested, move on - it's not really a free download. I used [EDraw 7.0](#) to create the example. Here are some other possible programs. Link to [Mind mapping programs](#)

Using the software program of your choice, create a graphic care plan that includes the following information:

1. Health problem
2. Risk factors
3. Signs and symptoms
4. Treatment
5. Prevention
6. Your assessment findings related to the health problem
7. Nursing diagnoses with R/T - at least 3
8. Nursing interventions - at least 1 for each nursing diagnosis
9. Expected outcomes - at least 1 for each nursing diagnosis

Save your completed map as a pdf file using this naming pattern: lastname, first name initial_NCP so: **thornleyv_NCP** Submit the file to the course dropbox labeled NCP. You will find the dropbox on the LMS in your Transition to Professional Practice course : Assignments : NCP. Upload the file and leave me a message if you wish.

DUE: March 9 at midnight. This activity will count as 15% of your final course grade. See NCP rubric. Grades will be posted by March 17.